

Rationale

- During the first six to nine months post brain trauma, medical stabilization and the rehabilitation of gait, balance, motor functions, and speech are essential.
- These skills are often referred to as “lower level functions.”
- Frequently, that is where most outpatient day neurorehabilitation programs end.
- Afterwards, “higher level functions” involving the restoration of logical thinking, problem solving, memory, and emotional and behavioral balance must be addressed.
- The optimal time to rebuild these skills, which are essential for independent living, is six to twenty-four months post brain trauma.
- That is the focus of our new program “Resilience after Brain Injury”

Staff



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Darlyne G. Nemeth, Ph.D., M.P., M.P.A.P.
Clinical, Medical, & Neuropsychologist

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Dr. Nemeth is currently in practice at The Neuropsychology Center of Louisiana, where she has a broad-spectrum practice in the areas of Clinical, Medical and Neuropsychology. Her practice interests, specifically in the area of neuropsychology, include working with individuals who have brain-behavior dysfunction either due to head injury, medical trauma, and/or aging, as well as attention deficit disordered, learning disabled, and other special needs individuals.

Dr. Nemeth is currently serving as Co-Secretary for the World Council for Psychotherapy (WCP) and is a WCP/DPI/NGO Delegate to the United Nations. She has been nationally and internationally recognized for her work in the area of Ecopsychology and her community Hurricane Anniversary Wellness offerings post-Hurricanes Katrina and Rita. Dr. Nemeth is now preparing 10th Anniversary Hurricane Katrina Wellness Workshops. She has co-edited a 2012 book on environmental trauma and is in the process of lead editing a two volume follow-up anthology, which is scheduled to be published in September, 2015. Dr. Nemeth's next book, to be published by Elsevier Press, will be on Resilience.

Dr. Nemeth is Louisiana's Council Representative to the American Psychological Association and is a member of the Louisiana Academy of Medical Psychology. Dr. Nemeth is the 2010 recipient of the Louisiana Psychological Association's Distinguished Psychologist Award.

Fernando Pastrana, Ph.D.
Clinical Psychologist

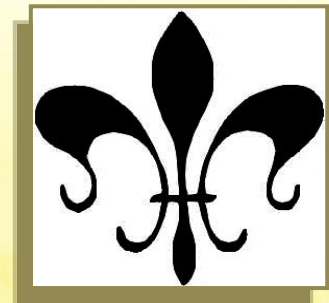


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Dr. Fernando Pastrana is a Clinical & Neuropsychologist at NCLA specializing in brain injury recovery. Dr. Pastrana has recently completed a two year post-doctoral fellowship in Rehabilitation Psychology at The Shepherd's Center in Atlanta, GA.

The Neuropsychology Center of Louisiana, LLC

Announces a Special Program
“Resilience after Brain Injury”



Objectives

- 1) To reestablish hope
- 2) To rebuild cognitive skills
- 3) To regain emotional balance
- 4) To recover independent functioning

Available at our Bluebonnet office:
The Neuropsychology Center of Louisiana
(in Baton Rouge)

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Baton Rouge, Louisiana 70809
Phone: 225.926.7500 Fax: 225.924.0188

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Common Symptoms

Post Brain Trauma

- Anxiety
- Depression
- Difficulty Focusing
- Excessive Talking
- Excessive Phone Usage
- Fatigue/ Boredom
- Frustration
- Irritability
- Impulsivity
- Poor Judgment
- Feeling Overwhelmed

Services

- Initial Clinical Interview
- Neuropsychological Screening/Evaluation
- Driving Competency Assessment
- Medication Management for:
 - Affective stabilization
 - Cognitive stabilization
 - Behavioral stabilization
- Drug Interaction Profile
- Genetic Testing
- Neurocognitive Rehabilitation
- Biofeedback Therapy
- Individual/Family Therapy
- Group Therapy*

Eligibility

- Physician referral required
- Ages 15-75
- Private Pay
- Health insurance claim forms provided

Exclusions

- Medicare
- Medicaid
- Tricare
- Litigation

*<http://guilfordjournals.com/doi/abs/10.1521/ijgp.2015.65.1.125?journalCode=ijgp>

Who Can Benefit?

This program is designed for individuals:

1) Who have suffered from:

- Traumatic brain injury (TBI)
- Concussion (PCS)
- Cardiovascular accident (CVA/Stroke)
- Subarachnoid hemorrhage (SAH)
- Transient Ischemic Attacks (TIA)

2) Who have completed:

- Physical Therapy
- Occupational Therapy
- Speech Therapy

3) Who are in need of rehabilitation of “higher level functions,” to improve:

- Thinking
- Problem solving
- Remembering
- Behaving
- Relating